



Young Women's Circle (Ages 11-17)

at the SEWHC, October 3-5, 2008



Activities Include:

- * Hula Hoop and Poi
- * Herb Walks
- * Mask Decorating
- * Self Defense
- * Making a Garden Diva
- * Yoga
- * Diet Myths
- * Sacred Song and Dance
- * Moon Time Health
- * "Late"Nite Teen Café



Expect a safe, creative, and fun environment. No experience necessary in any class. Some stairs; please tell us if you have special needs. Young women must be in the care of a parent/guardian or counselor at all times.

*Cost: \$165 includes program, meals, and camping
(indoor lodging available for additional fee)*



Southeast Women's Herbal Conference

www.sewisewomen.com

877.739.6636 (877-SEWOMEN)



Instructors (in photos from top to bottom)

- Finn Ferrell: Teacher, Circus Artist and Entertainer*
Michelle Dionne: Dancer, Singer, Stone Mountain Jiggler
Morgaine Thames: Plantwoman, Writer, Breathworker
Rainbow Yonna Teplitsky: Danish, Nature loving Multi-media Artist
Rising Appalachia (Leah and Chloe Smith): Poi & Firedancers, Musicians
Veronica Robleto: Yoga teacher, Dancer